

HEALTHY FRENCH BREAD PIZZA

Ingredients

- ½ French Stick (240g)
- 2 Tablespoons Tomato Puree (30g)
- 2 Tablespoons Water (30ml)
- 10 Tablespoons Reduced Fat Cheddar Cheese (100g)
- 1 Onion (60g)
- ½ Red Pepper (80g)
- 1 Can Sweetcorn (198g)
- 5 Mushrooms (50g)
- 2 Teaspoons Mixed Herbs (2g)



Method

- Pre heat grill.
- Slice bread into half and then slice each piece lengthways, giving four open pieces of bread.
- Mix tomato puree with water and spread onto each piece of bread.
- Peel and finely chop the onion, deseed and chop the pepper, wipe and slice mushrooms and drain sweetcorn.
- Place a mixture of the vegetables onto each piece of bread.
- Grate cheese and sprinkle over each piece of bread. Place bread onto grill pan then sprinkle over herbs.
- Grill until cheese is bubbling.

COST SAVER TIP:
Can use any leftover vegetables.

TIP FOR KIDS:
They will enjoy topping their pizza with their favourite veg!

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